



# Retinyl-A Radiance Serum

This retinoid serum is a serious game changer for your skincare routine. It combines the power of retinoids (Vitamin A) with peptides and niacinamide to give the skin a more youthful appearance and improves post acne marks and spots.

## Benefits

Stimulates collagen & elastin, improves appearance of fine lines & wrinkles, exfoliates dead skin cells, lightens post acne marks & spots.

## Things To Know

Only add it into your routine after you are cleared up! Do not add it into your routine if you are still clearing up.

All retinoids are very stimulating & powerful to the skin. They can create an initial purge even if your skin is cleared up. If you purge, rest assured that it's normal and will pass.

Most people will experience some skin dryness and flaking while the skin adjusts to the retinoid. In addition redness and tingling can also occur which is normal, however if the skin gets irritated or there is a burning sensation then discontinue its use.

## How To Use It In Your Carm Acne Night Routine

Always incorporate it slowly...start off with once a week for 1 week. Then 2 days a week the next week (at least 2-3 day spacing between applications). Then 3 days a week the next week (2 day spacing between applications). Not everyone can tolerate 3 days a week...some will have to only use it 1-2 times a week. That is perfectly ok and will still yield results! Don't be tempted to push your skin beyond it's tolerance with retinoids.

Use Retinyl-A Radiance Serum **in place of** Mandelic Maven Serum (**not with it!**)  
So on the nights that you use Retinyl-A Radiance Serum, skip the Mandelic Maven Serum.

**A typical night routine when using Retinyl-A Radiance Serum would look like:**

Cleanser, Hydration Rescue Serum, Retinyl-A Radiance Serum (use 1.5 pumps and massage well into skin, avoiding eye area), Benzoyl with Benefits, Opulent Moisture Cream.

# Common Questions

## **I'm not clear yet, can I still use Retinyl-A Radiance Serum in my routine?**

You should wait to use any retinoid, including Retinyl-A Radiance Serum until you clear up. It's best to stick to the foundational skincare routine as laid out in the kit manual while you are still clearing up your acne. Adding in another active/stimulating product like a retinoid can interfere with this clearing process. Once you are cleared up, you can incorporate Retinyl-A Radiance Serum into your routine. *Side note: You can however use our Illuminate Triple Vitamin C Serum during the clearing phase if you're looking to specifically target dark marks & spots in a manner that will not interfere with the clearing process.*

## **Can I use it every day?**

We generally recommend working up to 3 times\* a week (at night only) as that is what most people will be able to tolerate. Further, Retinyl-A Radiance Serum should be used in place of Mandelic Maven Serum not with it. In order to maintain your clear skin results, you wouldn't want to completely eliminate Mandelic Maven Serum every single night from your evening skincare routine. So by only using Retinyl-A Radiance Serum up to 3 times a week, that leaves at least 4 nights a week for the Mandelic Maven Serum to be used on your skin. \*Remember that some people will not be able to tolerate it 3 times a week, but instead may need to only use it 1-2 times a week.

## **Can people with sensitive skin use it?**

No, we do not recommend anyone with sensitive skin using Retinyl-A Radiance Serum (or any other retinoid for that matter)

## **Is it pregnancy safe?**

All retinoids, including Retinyl-A Radiance Serum should be avoided during pregnancy and breastfeeding.

## **Do I need to discontinue it before waxing?**

Retinyl-A Radiance Serum should be discontinued for 7 days in the area that you plan on getting waxed.